

Monday 3rd

Soup: Spinach & Kale (Vg)
Mains: Beef Stroganoff with Rice
Vegan Sausages & Mash (Vg)
Vegetables: Peas & Carrots
Dessert: Apricot Crumble

Tuesday 4th

Soup: Parsnips & Rosemary (Vg)
Mains: Chicken Pie
Veggie Lasagne (V)
Vegetables: Broccoli & Sweetcorn
Dessert: Plum Cake

Lunch Club Weekly Menu Week Commencing 3rd February 2025

3 courses for £6.50
2 courses for £5.50
Main meal for £4.50

Wednesday 5th

Soup: Courgette & Mint (Vg)
Mains: Roast Beef
Veggie Cornish Pasty (V)
Vegetables: Green Beans & Parsnips
Dessert: Coconut Rice Pudding

Thursday 6th

Soup: Spiced Butternut Squash (Vg)
Mains: Poached Chicken
Chickpea & Coconut Curry (Vg)
Vegetables: Cauliflower & Spinach
Dessert: Mango Delight

Friday 7th

Soup: Creamy Mushroom (V)
Mains: Battered Haddock Fillet & Chips
Poached Haddock Fillet with Cream
Vegan Penne Carbonara (Vg)
Vegetables: Baked Beans & Mushy Peas
Dessert: Pumpkin Pie

Food is available for from 12noon -2pm.

Menu is subject to availability,
amendments may have to be made
due to delivery failure

ST LUKE'S
COMMUNITY
CENTRE