

Monday 24th

Soup: Spiced Sweet Potato (Vg)
Mains: Teriyaki Pork Stir Fry with Rice
Teriyaki Quorn Fillets (Vg)
Vegetables: Peas & Sweetcorn
Dessert: Passionfruit Mousse

Tuesday 25th

Soup: Chickpea (Vg)
Mains: Chicken Skewer
Vegetable Korma Curry with Rice (V)
Vegetables: Green Beans & Mixed Veg
Dessert: Poached Pear

Lunch Club Weekly Menu Week Commencing 24th June 2024

3 courses for £6
2 courses for £5
Main meal for £4

Wednesday 26th

Soup: Pea & Mint (Vg)
Mains: Roast Lamb Shoulder
Stuffed Aubergine (V)
Vegetables: Savoy Cabbage & Cauliflower
Dessert: Banana Loaf

Thursday 27th

Soup: Tomato & Basil (Vg)
Mains: Honey & Mustard Turkey Escalope
Falafel with Couscous & Flatbread (vg)
Vegetables: Broccoli & Carrots
Dessert: Coconut & Jam Sponge

Friday 28th

Soup: Spiced Parsnip (Vg)
Mains: Battered Cod Fillet
Poached Cod Fillet & a Cream Sauce
Spicy Bean Casserole (Vg)
Vegetables: Baked Beans & Mushy Peas
Dessert: Apple Crumble

Food is available from 12noon -2pm.
Free Lunch Saturdays & Sundays 12.30pm - 1pm

Menu is subject to availability,
amendments may have to be made
due to delivery failure

ST LUKE'S
COMMUNITY
CENTRE